

SAFETY MAKES SENSE

Order Form

The cost of each video is \$195.00 plus shipping and applicable taxes.
 The cost of the "Safety Test Program" on page 11 is \$595.00 plus shipping and applicable taxes.

To order your 5 Star video/s please complete the following:

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“SAFETY MAKES SENSE”

- Reduce pain and suffering*
- Improve working conditions*
- Reduce costs of work injuries and illnesses*
- Improve profits*
- Reduce public liability*
- Improve public image*
- Reduce damage to mobile and fixed assets*
- Identifies and helps control potential losses*
- Improve morale*
- Increase job security*
- Improve job satisfaction*
- Reduce time spent on accident investigation*

Five Star Health and Safety Videos

Develop your safety program by using these videos. They are educational, motivational and will save your company money.



Occupational Safety

Item #752

THE 5 STAR HEALTH & SAFETY MANAGEMENT SYSTEM series examines the requirements of each of the 78 elements in 4 to 6 minute modules on the following 5 tapes.

Item #735

PREMISES AND HOUSEKEEPING

Introduction to the 5 Star Health & Safety System and Category 1, including buildings and floors, lighting, ventilation, hygiene, pollution, housekeeping, stacking and storage, scrap and refuse disposal.

Item #736

ELECTRICAL, MECHANICAL AND PERSONAL SAFEGUARDING

Category 2 which includes guarding, ladders stairs and walkways and scaffolding, lifting gear, hazardous substances control, motorised equipment, portable electrical equipment, and general electrical installations, tools, ergonomics, protective equipment, clothing and safety signs.

Item #737

FIRE PROTECTION AND PREVENTION

Category 3: includes fire extinguishing equipment, means of escape, maintenance of equipment, storage of flammable or explosive materials, alarm systems, fire drills, security systems, and emergency planning.

Item #738

ACCIDENT RECORDING AND INVESTIGATION

Category 4: includes injury/disease record, incident reporting and investigation, damage reporting and investigation rehabilitation practices, incident statistics, insurance and apportioning of costs, and incident recall.

Item #739

HEALTH AND SAFETY ORGANIZATION

Category 5: includes designated responsibilities for safety, person(s) made responsible for safety/occupational hygiene co-ordination, health and safety committees, first aid, safety promotion, annual report - loss control achievements, induction and job safety training, medical examinations, stress control, biological hazards, risk assessment, plant inspections by safety representatives, internal safety audits, written safe work procedures, planned job observation, off-the-job safety, health and safety policy - management involvement and leadership.

Item #834

ACCIDENT DOMINO SEQUENCE

(18 MINS.)

Accident prevention is both a science and an art. It represents above all things control.

Accident don't just happen, they are caused by a sequence of events leading up to them. Factors that affect and follow a downgrading incident are:

CONTROL: lack of self control • absence of supervisory control • lack of controlled standards

PERSONNEL: lack of skill knowledge • unsafe attitude ignoring accepted safety standards

UNSAFE ACTS: eliminating dangerous behaviour/conditions

ACCIDENTS: undesired event which result in physical harm to people, damage to plant and/or loss to process

Item #768

EARTHQUAKE SAFETY

(12.00 MINS.)

Earthquakes can occur anywhere, and emergency preparedness is important. This video explains emergency consideration in dealing with earthquake emergencies.

Item #804

WASTE MANAGEMENT

(12.00 MINS.)

This program will introduce you to the concept of waste minimization, how it works, and useful tips on how to begin your program, as well as showing you how to turn waste chemicals into a profit centre.

SAFETY TEST PROGRAM

This program is designed to meet the requirements for training new employees or can be a review for current employees on the basics of health and safety in the workplace. It contains 12 modules which can be used as one comprehensive training program, or can be divided into 12 short training sessions. The package includes two videos of approximately 1 hour and 10 mins. each duration. The package includes an instructor's guide, employee workbook, training documentation, examinations/answers. Each module has a narrator conducted examination to be completed in conjunction with the video. The 12 topics which are covered in the program are as follows:

Item #778

TAPE ONE

(1 HOUR AND 8 MINS.)

- Reporting to Work - Your Responsibilities
- Personal Protective Equipment Responsibilities
- Back Safety Responsibilities
- Back Safety Overview
- Office Ergonomics
- Flammables/Combustibles

Item #779

TAPE TWO

(1 HOUR AND 9 MINS.)

- Fire prevention Responsibilities
- Machine Guarding Responsibilities
- Ergonomics
- Safety of People and Equipment in Warehouse Operations
- Bloodborne Pathogens for Non-Healthcare Workers
- Environment & Your Responsibility

Item #815
SAFETY TIPS FOR NEW SUPERVISORS (13.06 MINS.)
Developed for non-professional people assigned the job of coordinating a safety program. Explains fundamentals and some special tips necessary to develop an effective safety program.

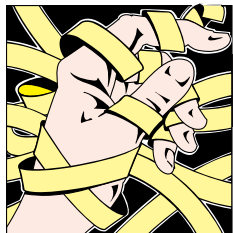
Item #825
SETTING THE EXAMPLE (23.00 MINS.)
Excellent program designed to illustrate the concept of “setting the example”. It tries to raise the supervisor’s consciousness about leadership by example and reaping the benefits by increasing productivity, morale and cooperation among their employees.

Item #826
SEXUAL HARASSMENT (13.00 MINS.)
This program takes a look at the problem, explains how to deal with it and offers useful tips in avoiding/eliminating sexual harassment, all without overstepping your current policies. The program is directed at employee-employer relationships, but also covers supervisor-employee relations.

Item #770
SUPERVISOR LEADERSHIP EXCELLENCE “UNDERSTANDING PEOPLE” (23.21 MINS.)
Each supervisor and each employee is different with different wants, needs, motivations, personalities, and work habits. Understanding more about people and how to interact with or “reach” employees is the key factor in developing effective leadership skills. This program touches on Maslow, Herzberg, McGregor, and Hawthorne studies, as well as other management theories. Supervisors can make their own decisions as to which theory best fits their needs to develop a unique style of leadership, blending their personality, education and experience.

Item #837
SUPERVISORS RESPONSIBILITIES (19.00 MINS.)
Supervisors generally understand their job and responsibilities, but this program explains in more specific ways those responsible and how to accept accountability for actions taken. It’s not enough to be just “put in charge”.

Item #796
UNDERSTANDING DISABILITIES (21.00 MINS.)
This program discusses people with mental or physical disabilities. Understanding some of the myths about the subject and the abilities of people with disabilities can be a self-fulfilling experience, which many carry over to improve “people” skills in the workplace and certainly society as a whole. Excellent program of value to all managers, supervisors and employees.



Miscellaneous

Item #833
DOG BITE PREVENTION (13.00 MINS.)
Dog bites have been recognized as the number one injury for meter readers, mail carriers, and residential service employees. This video details the techniques for recognizing problem animals as well as confrontation avoidance.

INJURY/DAMAGE: loss of time/production • pain and suffering • damage
COST: to victim/family, property/equipment damage and company profit lost
Understanding how accidents happen is the first step in avoiding them. This video will help you do just that.

Item #716
WRITTEN SAFE WORK PROCEDURES AND PLANNED JOB OBSERVATION
Only 10% of all accidents in the workplace are caused by unsafe conditions while 88% are caused by people. This video explains how to tackle the vast majority before they happen. There are five essential steps involved in developing the program to suit your environment.

- Identify all critical jobs and the personnel.
- List hazards and risks.
- Divide duties into logical steps.
- Compile check list of safety standards, incorporate list in job training, ensure that rules are followed.
- Conduct a periodic job observation, analyze extent to which new standards are observed.

Item #816
BACK INJURY PREVENTION/LIFTING SAFETY (9½ MINS.)
The wide variety of lifting tasks in the manufacturing Industry require specific techniques to be accomplished safely. This program provides an in depth look at proper lifting techniques under difficult conditions and hazards resulting from incorrect lifting methods. It is definitely a “must see” program for employees before an accident occurs, and good for retraining employees who experience a back injury.

Item #787
CONFINED SPACE ENTRY (11½ MINS.)
This program explains a specific procedure, hazards encountered and steps to be taken to prevent deadly mistakes in confined spaces.

Item #741
CRANES, CHAINS AND SLINGS (14½ MINS.)
Lifting heavy items in the plant is a fact of life. So is the safe use of chains, slings and hoists. This video explains inspection, safety procedures, sling angles, hooks, and general rigging techniques.

Item #810
CUSTOMER LIABILITY AND ACCIDENTS (13½ MINS.)
Comprehensive program for all employees on customer accidents, slips/falls, property damage, vendors, and other aspects of third party liability.

Item #791
DOCUMENTATION OF SAFETY EFFORTS (10 MINS.)
Teaches supervisors (and employees) the importance of providing written documentation for all safety and training efforts. More and more regulatory and legal agencies are requiring written documentation to “prove” that training and safety efforts are accomplished. This program outlines the standards and how to meet these requirements.

Item #809
EARTH LEAKAGE RELAYS (11½ MINS.)
Excellent program, reviewing what earth leakage circuit breakers are all about, how they work and general safety procedures for protecting against electrical shock.

Item #761
EMPLOYEE SAFETY ORIENTATION (15 MINS.)
All employees must be made aware of the general hazards to which they are exposed. This program includes the basic requirements, electrical, mechanical, back injury prevention, fire protection, personal protective equipment and more.

- Item #818**
EYE PROTECTION, A NEW APPROACH (12½ MINS.)
This program explains eye protection requirements in a humorous manner. You'll find your employees respond well to this entertaining and informative tape.
- Item #808**
FIRE PROTECTION/ELECTRICAL SAFETY (9½ MINS.)
Great program which teaches the employee more about these important subjects. Supplements the legal requirements for emergency preparedness training and reinforces safety orientation training in fire protection and electrical safety.
- Item #799**
FIRST AID FOR SUPERVISORS (11 MINS.)
Good programs for supervisors. Explains basics of first aid, types of injuries, and treatment. This gives the non-certified supervisor basic information which helps improve supervision of first-aid trained personnel and reinforces the need for good first-aid procedures in the workplace.
- Item #755**
FIT TESTING RESPIRATORS (10½ MINS.)
Explains the need for and proper procedures for testing, maintaining and using respiratory equipment.
- Item #819**
FORKLIFT INSTRUCTOR TRAINING - A NEW APPROACH (18½ MINS.)
This video is actually three short programs in one (engineering principles, operating rules and equipment maintenance), for instructors/trainers to concentrate on each subject. (Training materials are available)
- Item #783**
FORKLIFT SAFETY (16½ MINS.)
A comprehensive program for anyone operating forklifts in the manufacturing environment. Teaches students engineering principles, operating safety rules and operative maintenance. Excellent program for operator trainee.
- Item #764**
GAS MONITORING IN CONFINED SPACES (12½ MINS.)
Excellent refresher for anyone using air monitoring equipment in confined spaces, emergency response operation and other areas where potentially hazardous gases exist. Emphasizes safety procedures, continuous air monitoring techniques and types of gases and oxygen deficiency.
- Item #839**
GRINDING AND ABRASIVE WHEELS (13½ MINS.)
Grinders and abrasive wheels are common and potentially dangerous tools. If improperly used, grinders can explode like hand grenades. This video explains safe use, procedures and maintenance of grinders and abrasive wheels.
- Item #822**
HAND AND POWER TOOL SAFETY (13½ MINS.)
Excellent program to help reduce injuries when using hand and power tools, explains electrical safety, impact tools, wrenches, cheater bars and miscellaneous safety tips when using different hand and power tools, emphasizes on safe use behaviour and attitude.
- Item #820**
HAND AND WRIST INJURIES (10.51 MINS.)
Excellent program to train employees in preventing hand and wrist injuries. Explains how these injuries occur, the anatomy of the wrist and hand, and general prevention techniques to reduce these types of injuries.

- Item #836**
COMMUNICATIONS FOR SUPERVISORS (23.00 MINS.)
How to develop better and more effective communications between management and employees. This program explains two-way communications, feedback, openness, honesty with employees, behaviour and generally how to gain the respect of employees.
- Item #830**
DISCIPLINE, THE SUPERVISORS ROLE (23.00 MINS.)
Discipline is one of the least understood leadership skills. Without in any way distracting from your current policies and procedures, this program will explain what discipline is all about, how to achieve it, handling counselling and documentation, as well as how to avoid disciplinary actions.
- Item #765**
EMPLOYEE PRODUCTIVITY (10.42 MINS.)
Program designed to help motivate employees to work efficiently, to be more productive and certainly to include safety in their every day work habits. Emphasis is on productivity, but the training emphasizes the need to work safely to achieve productivity.
- Item #788**
EMPLOYEE TRAINING RESPONSIBILITIES (22.30 MINS.)
Preparation for training employees, their follow-up training and types of training most effective in the work environment are the main focus of this video. Each of these areas are covered with an eye toward maximum efficiency to save time, effort and money. It also emphasizes the need for supervisory participation in the training process.
- Item #835**
HIRING AND FIRING (19.00 MINS.)
Maybe the supervisor is not in charge of hiring and firing, but one way or another they do have responsibilities in the process. Leadership skills and understanding how to properly implement hiring and firing procedures is critical to any organization.
- Item #832**
TEAM BUILDING (12.00 MINS.)
Cooperation, team effort, morale, and attitudes are; all the things that make up an effective and aggressive team in the workplace. Team building skills are discussed, targeted to the many influences supervisors have on their employees.
- Item #837**
SUPERVISOR/EMPLOYEE REVIEWS (17.30 MINS.)
Performance evaluations are an integral part of the effectiveness within an organization. Evaluating an employee's performance is vital to feedback and good communications. This video emphasizes the supervisor's responsibility in evaluating employee performance.
- Item #814**
THE TRAINING INSTRUCTOR (11.40 MINS.)
Excellent program to teach supervisors and training instructors how to develop a lesson outline, how to make presentations, proper documentation of training efforts and more.
- Item #740**
TROUBLED EMPLOYEE (17.00 MINS.)
Behaviour, poor performance, accidents and injuries, attitude problems, can often be directly attributed to employees with personal problems. This program looks at some symptoms and what supervisors can do.
- Item #759**
TIME MANAGEMENT (20.00 MINS.)
This program explains how to recognize time loss, how to find out where it's going and basically how to organize the supervisor's time to get the maximum return on investment. Good course on managing time, specially tailored for front line supervisors/lead persons.



Fire Safety and Security

Item #790 **FIRE EXTINGUISHER TRAINING AND USE** (15.03 MINS.)

A Fire Extinguisher is simple, but to be effective people must be trained how to use the equipment in the event of an emergency. This training program explains the various classes of fire, different types of equipment, key word Pass and many other tips for emergency use of fire extinguishers.

Item #840 **FLAMMABLE LIQUIDS SAFETY** (9.22 MINS.)

Designed as a training program for employees working with flammable liquids. Explains LEL, UEL, flashpoints and other pertinent information that all employees working with flammable should know and understand.

Item #798 **RETAIL SECURITY** (11.00 MINS.)

Basic employee security program, employee theft, deterrents, handling cash, credits, shoplifting, and more.

Item #769 **SAFETY TRAINING AND EMERGENCY PREPAREDNESS** (8.56 MINS.)

This program introduces students to HAZWOPER Emergency Preparedness. Explains how petroleum products were formed, the first oil well, petroleum refining and emergency preparedness for petroleum products. Can be used for all industries, since many chemicals and products are petroleum based.

Item #757 **SCAFFOLD SAFETY** (7.32 MINS.)

Training program for anyone working on or near scaffolding. Basic safety rules, operating procedures and how to use scaffolds safely without injury. Meets minimum legal training requirements for scaffold safety.

Item #838 **SUBCONTRACTOR SAFETY** (11.18 MINS.)

Excellent program to provide training to subcontractors on the job site. Subcontractors may not have adequate safety training and could pose a hazard to other contractors on the job site. Helps reduce liability and injury exposures.



Supervisory/Management Leadership

Item #824 **ABSENTEEISM/TARDINESS** (15.30 MINS.)

Supervisors are absolutely the key in reducing absenteeism and tardiness. This program explains the concepts, methods and follow-up necessary to achieve company goals in reducing these problems.

Item #775 **HAZARDOUS MATERIALS. LEAKS, DRIPS, SPILLS** (15 MINS.)

Very good program for anyone working in a repair shop, maintenance facility or other general maintenance area. Explains the basic safety rules for working with a variety of chemicals and hazardous materials. e.g. solvents, flammables, glues, gases and other potentially hazardous materials.

Item #766 **HOW TO DEVELOP AND IMPLEMENT A SAFETY PROGRAM**

Designed for supervisors and middle management. A complete step by step program for successfully developing and implementing an effective safety program. These steps, when implemented have reduced injuries and accidents by 50%-70% in many injuries.

Item #767 **HAZARDOUS SUBSTANCES CONTROL, LABELS & WARNINGS** (7.40 MINS.)

NFPA labelling and identification program is explained so employees, supervisors and other personnel are aware of the meaning of these labels and identification placards. Firefighters are particularly interested in this program, but it is extremely important that employees know and understand what these signs and placards means.

Item #831 **HOW TO INVESTIGATE AN ACCIDENT** (13.22 MINS.)

Teaches supervisors the basics of accident investigation, the important points to consider when developing facts for an accident report. Goes through a scenario of an accident investigation.

Item #812 **HOW TO PROPERLY USE COMPRESSED GAS CYLINDERS** (8.24 MINS.)

Designed for anyone using compressed gas cylinders. Explains basic safety procedures, compressed gas cylinder hazards and how to properly use these cylinders.

Item #843 **JOB SAFETY ANALYSIS** (10 MINS.)

Program explains what Job Safety Analysis is all about and how to conduct a job safety analysis.

Item #802 **KITCHEN SAFETY** (13.17 MINS.)

Explains machine safety, slips and falls, chemicals, knives, food slicers, electrical safety and information necessary to prevent equipment and food preparation accidents and injuries.

Item #800 **OFFICE SAFETY** (10 MINS.)

The program is designed for anyone working in an office environment. Explains the most common hazards and resulting injuries in an office. Program discusses chairs, ladders, office equipment, video display terminals, safe lifting, and basic fire prevention.

Item #789 **PEOPLE AND EQUIPMENT SAFETY IN WAREHOUSES, OPERATIONS** (10.30 MINS.)

This program is designed for anyone working in a warehousing environment. Emphasizes the co-existence of forklift operators and personnel with the responsibility for safety upon both equipment operators and people who do not operate equipment, stresses how each individual has the responsibility for safety, and not only equipment operators.

Item #806 **PERSONAL PROTECTIVE EQUIPMENT** (7.45 MINS.)

Excellent program designed to emphasize the importance of using personal protection when required. Explains hard hats, gloves, eye protection, hearing protection and other aspects of protective equipment.

Item #805
RESPIRATORY EQUIPMENT (12.47 MINS.)
Employees rarely understand the who, what, where, when and why of respirator use. They may have general ideas, but this program will give them the important facts regarding the use of a respirator. Employees will also feel more secure in wearing them once they know the correct procedure.

Item #786
SAFETY AND ATTITUDE OF MIND (10.03 MINS.)
Program designed to help motivate employees to work efficiently, and to be more productive and be certain to include safety in their every day work habits. The training emphasizes the need to work safely to achieve productivity.

Item #785
SAFETY COMMITTEES - THE REAL STORY (12.09 MINS.)
In the limited time allowed by the manufacturing industry, effective health and safety committees may be difficult to achieve, but can be effective if properly used. In most cases, safety committees become a burden rather than providing true benefit. This program explains how to make them effective, without wasting time or effort.

Item #717
SAFETY MATTERS (12 MINS.)
This program outlines basic job responsibilities, safe work practices on the job, including house-keeping, safe lifting, personal protective equipment. Meets requirements for training employees in the general hazards to which exposed.

Item #823
STORING AND HANDLING COMPRESSED GASES (10 MINS.)
Explains how to handle cylinders, proper storage and general safe handling procedures and techniques are covered.

Item #817
WORKPLACE INSPECTIONS (11.42 MINS.)
Overview of what workplace inspections are all about, how to complete inspections forms, and the basics relating to unsafe acts and conditions found in any type of workplace.



Occupational Health

Item #813
BIOLOGICAL HAZARDS (BLOODBORNE PATHOGENS) (18.19 MINS.)
Designed as an information and training video providing precautionary information on exposure to bloodborne pathogens (Hepatitis B and H.I.V. virus). Interesting video covering a wide range of occupations.

Item #828
CARBON MONOXIDE (14.21 MINS.)
Define carbon monoxide poisoning and how to reduce the effects of this health hazard. Almost every industry is exposed to carbon monoxide, but very little attention is paid to the effects of this hazard. Excellent program for awareness and training.

Item #795
CARPAL TUNNEL SYNDROME (14.37 MINS.)
This program explains what carpal tunnel syndrome is, how to prevent it and what employees can do to reduce the efforts of carpal tunnel syndrome.

Item #792
DRUG TRAINING PROGRAM IN THE WORKPLACE (42 MINS.)
Program designed by drug testing consultants to help allay an fears of persons who may be tested for substance abuse in the workplace. Complements any testing program currently or soon to be enforced in all organizations. Explains screening safeguards, testing procedures, medical review officer confidentially and more. Interviews with substance abusers, counsellors and undercover drug enforcement officers.

Item #794
HEALTH FACTORS IN WELDING OPERATORS (27.10 MINS.)
Excellent program for welders. It explains a variety of precautions to take, possible health problems involved in welding operations, and tips on how to generally improve the employees's health.

Item #784
HEARING CONSERVATION (12.08 MINS.)
Excellent program to teach employees the fundamentals of noise, hearing loss and conservation. Explains graphically how the ear works, what causes hearing loss and how to prevent such hearing damage. Good program for all industries.

Item #782
HOW TO STOP BLEEDING (9.18 MINS.)
Features a medical doctor explaining the basics of how to stop bleeding in an emergency. Realizing the hazards of transmitting HIV or HBV by contact with contaminated human blood, it is still important for everyone to be aware of life saving emergency procedures, whether at work, home or play.

Item #807
HYGIENE FACILITIES (4.14 MINS.)
Employees working in Food and Beverage service must have adequate training in sanitation, bacteria growth, temperature controls, personal hygiene, food handling and insect/rodent control. This video explains the basic requirements.

Item #842
RECOGNIZING CHEMICAL DEPENDENCY AND WHAT TO DO ABOUT IT (21.49 MINS.)
This program emphasizes symptom recognition, evaluation, and how to handle employees whose work or behaviour is below performance standards due to substance abuse. We do not dictate drug/alcohol policy, but have designed the program to interface with any company's policy on drug/alcohol abuse in the workplace.

Item #777
STRESS MANAGEMENT (19 MINS.)
This program is designed to explain stress on the job, how to manage and control it. Recognition of stress symptoms, how it interferes with productivity, and how it can become a serious liability if not properly managed are covered.

Item #829
VIDEO TERMINAL SAFETY (10.53 MINS.)
This program is designed for anyone using VDT's, and helps explain some of the myths about electromagnetic radiation and other effects of VDT usage. VDT's are safe if used properly. This program explains how to avoid eye strain and the persistent neck and backaches associated with VDT usage.